

<b>Botanical Name</b>	<b>Botanical Family</b>	<b>English Name</b>	<b>German Name</b>	<b>Medicine</b>	<b>Food</b>
<i>Alliaria petiolata</i>	Brassicaceae	Garlic Mustard	Knoblauchsrauke	✓	✓
<i>Allium ursinum</i>	Amaryllidaceae	Wild Garlic	Bärlauch	✓	✓
<i>Allium vineale</i>	Amaryllidaceae	Onion Grass	Weinberg-Lauch	-	✓
<i>Carex digitata</i>	Cyperaceae	Finger-Sedge	Finger-Segge	-	-
<i>Cicuta virosa</i>	Apiaceae	Cowbane	Wasserschierling	✓	-
<i>Convallaria majalis</i>	Asparagaceae	Lilly of the Vally	Maiglöckchen	✓	-
<i>Corydalis solida</i>	Papaveraceae	Fumewort	Gefingertes Lerchensporn	✓	-
<i>Cruciata laevipes</i>	Rubiaceae	Crosswort	Gewimpertes Kreuzlabkraut	✓	-
<i>Cyperus fuscus</i>	Cyperaceae	Brown Galingale	Braunes Zyperngras	-	-
<i>Eranthis hyemalis</i>	Ranunculaceae	Winter Aconite	Winterling	-	-
<i>Euphorbia amygdaloides</i>	Euphorbiaceae	Wood Spurge	Mandelblättrige Wolfsmilch	-	-
<i>Euphorbia lathyris</i>	Euphorbiaceae	Caper Spurge	Kreuzblättrige Wolfsmilch	✓	-
<i>Ficaria verna</i>	Ranunculaceae	Lesser Celandine	Scharbockskraut	-	✓
<i>Fragaria vesca</i>	Rosaceae	Wild Strawberry	Wald-Erdbeere	✓	✓
<i>Geranium robertianum</i>	Geraniaceae	Herb-Robert	Ruprechtskraut	✓	-
<i>Lamium galeobdolon</i>	Lamiaceae	Yellow Archangel	Gewöhnliche Goldnesse	-	✓
<i>Lamium purpureum</i>	Lamiaceae	Red Dead-Nettle	Purpurrote Taubnessel	-	✓
<i>Listera ovata</i>	Orchidaceae	Common Twayblade	Großes Zweiblatt	-	-
<i>Melica uniflora</i>	Poaceae	Wood-Melick	Einblütiges Perlgras	-	-
<i>Polygonatum multiflorum</i>	Asparagaceae	Solomon's Seal	Vielblütiges Salomonssiegel	✓	-
<i>Primula veris</i>	Primulaceae	Cowslip	Echte Schlüsselblume	✓	-
<i>Pulmonaria officinalis</i>	Boraginaceae	Lungwort	Geflecktes Lungenkraut	✓	-
<i>Stellaria holostea</i>	Caryophyllaceae	Addersmeat	Echte Sternmiere	-	-
<i>Urtica dioica</i>	Urticaceae	Common Nettle	Große Brennnessel	✓	✓
<i>Veratrum album</i>	Melanthiaceae	White Hellebore	Weißer Germer	✓	-
<i>Viola odorata</i>	Violaceae	Wood Violet	Duft-Veilchen	✓	✓
<i>Viola riviniana</i>	Violaceae	Dog-Violet	Hain-Veilchen	✓	✓